

COTTONWOOD ELEMENTARY

Community Resources

Crisis Care

- Information and Referral Helpline
(520)325-2111 or 1-888-575-2111
Call for free information on community services across Arizona when you need help and do not know where to turn
- Information and Referral Services
(520)881-1794
Call for information on community resources when you need help and do not know where to turn
- SAMHC (Southern Arizona Mental Health Corporation)
2502 N. Dodge Boulevard, Suite 190 (520)622-6000 or (800)796-6762
www.samhc.com
No cost help when you need it; 24 hours a day, 7 days a week crisis care
- Palo Verde Hospital Behavioral Health Services at Tucson Medical Center
2695 N. Craycroft Road (located behind TMC) (520)324-1282

Grief and Loss Support

- Tu Nidito Children and Family Services
3922 N. Mountain Avenue (520)322-9155 www.tunidito.org
Children to Children: Support services for children impacted by serious illness and death

Divorce Support

- Divorce Recovery
924 N. Alvernon Suite 131 (520)495-0704 www.divorcerecovery.net
Support group services for adults and children of divorce

Domestic Violence Support

- Emerge Center
24 Hour Crisis Line and Shelter
(520)795-4266 or (888)428-0101 Spanish Toll-free (877)472-1717 www.emergecenter.org

Assistance for Physical Needs

- MOVE Club at Empire High School
(520)879-3000 Contact Krista Gypton
A clothing bank for families in need
- St. Rita in the Desert
13260 E. Colossal Cave Rd. Vail, AZ 85641 (520)762-9688
- Society of St. Vincent de Paul
829 S. 6th Ave. (520)628-7837 www.svdptucson.org
Provides compassion and support to individuals in need; Provides assistance in the form of food, furniture, clothing, rent payments, utility payments and much more
- Community Food Bank
3003 S. Country Club Rd. #221 (520)622-0525 www.communityfoodbank.com

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