

# COTTONWOOD ELEMENTARY

## Community Resources

### Crisis Care

- Information and Referral Helpline  
(520)325-2111 or 1-888-575-2111  
Call for free information on community services across Arizona when you need help and do not know where to turn
- Information and Referral Services  
(520)881-1794  
Call for information on community resources when you need help and do not know where to turn
- SAMHC (Southern Arizona Mental Health Corporation)  
2502 N. Dodge Boulevard, Suite 190 (520)622-6000 or (800)796-6762  
www.samhc.com  
No cost help when you need it; 24 hours a day, 7 days a week crisis care
- Palo Verde Hospital Behavioral Health Services at Tucson Medical Center  
2695 N. Craycroft Road (located behind TMC) (520)324-1282

### Grief and Loss Support

- Tu Nidito Children and Family Services  
3922 N. Mountain Avenue (520)322-9155 [www.tunidito.org](http://www.tunidito.org)  
Children to Children: Support services for children impacted by serious illness and death

### Divorce Support

- Divorce Recovery  
924 N. Alvernon Suite 131 (520)495-0704 [www.divorcerecovery.net](http://www.divorcerecovery.net)  
Support group services for adults and children of divorce

### Domestic Violence Support

- Emerge Center  
24 Hour Crisis Line and Shelter  
(520)795-4266 or (888)428-0101 Spanish Toll-free (877)472-1717 [www.emergecenter.org](http://www.emergecenter.org)

### Assistance for Physical Needs

- MOVE Club at Empire High School  
(520)879-3000 Contact Krista Gypton  
A clothing bank for families in need
- St. Rita in the Desert  
13260 E. Colossal Cave Rd. Vail, AZ 85641 (520)762-9688
- Society of St. Vincent de Paul  
829 S. 6th Ave. (520)628-7837 [www.svdptucson.org](http://www.svdptucson.org)  
Provides compassion and support to individuals in need; Provides assistance in the form of food, furniture, clothing, rent payments, utility payments and much more
- Community Food Bank  
3003 S. Country Club Rd. #221 (520)622-0525 [www.communityfoodbank.com](http://www.communityfoodbank.com)

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